

WELS
June 29 / July 02, 2023

 KARATE-DŌ
28. SOMMERLEHRGANG



Dario Marchini (Italy) Cristina Restelli (Italy)
Ewald Roth (Austria) Luciano Boccuni (Italy)

- ▷ *Training divided in three groups: basic level, advanced level and instructors level*
- ▷ *Detailed study of techniques, dynamics and strategies with masters demonstrations*
- ▷ *Philosophical deepening according to the traditional teaching of the Martial Art*

Budōkan Wels - Austria

Organization: Mag. Ewald Roth Tel +43-664-1607138 - email: e.roth@kokorointernational.org

Registration: austria@kokorointernational.org

Participation fee 75€ (except Kokoro International members)

Special thanks to:  Associazione Culturale Kokoro International - www.kokorointernational.org

BUDŌKAN WELS - AUSTRIA

June 29 / July 02, 2023

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SOMMERLEHRGANG

		Group A	Group B	Group C
<u>JUNE 29</u>	19:00 - 19:50 20:00 - 21:00	Kihon / Kumite Heian Nidan + Bunkai	Kihon / Kumite Heian Ippon Bunkai	Kihon / Kumite Heian Ōyō Bunkai
<u>JUNE 30</u>	19:00 - 19:50 20:00 - 21:00	Kihon / Kumite Heian Sandan + Bunkai	Kihon / Kumite Bassai Dai	Kihon / Kumite Enpi + Bunkai
<u>JULY 01</u>	09:30 - 10:20 10:30 - 11:30	Kihon / Kumite Heian Yodan	Kihon / Kumite Bassai Dai + Bunkai	Kihon / Kumite Jiin + Bunkai
<u>JULY 01</u>	16:30 - 17:20 17:30 - 18:30	Heian Yodan + Bunkai Heian Godan	Jion Jion + Bunkai	Gankaku + Bunkai Kankū Shō + Bunkai
<u>JULY 02</u>	09:00 - 09:50 10:00 - 11:00	Heian Godan + Bunkai Heian Ippon Bunkai	Kankū Dai Kankū Dai + Bunkai	Nijūshiho + Bunkai Unsu + Bunkai

